

# AFRICA WEEK ATHLETICS 2012



# ONE RACE HUMAN RACE



**Africa Week Athletics 2012**  
**Morton Stadium**  
**Santry, Dublin 9**

**Saturday May 26th**  
**9am to 6pm**



# AFRICA WEEK ATHLETICS 2012

## ONERACEHUMANRACE



Kipchoge Keino

### Kipchoge Keino's Message of Support:

*We come to this world with nothing and we depart this world with nothing it's what we contribute to the community that is our legacy. The goal of "one race Humanrace" to help the youth identify and develop their athletic talent is a great contribution to the community. This is why it is a great honor for me to attend this event!*

### A Foundation With Focus

The Kipkeino foundation is a not for profit organization registered in the republic of Kenya to advance the humanitarian and charitable efforts of Dr.Kipchoge Keino.

During his days in competitive running, Kip Keino as he is widely known, left a mark as the greatest long and middle distance runner and also becoming one of the first Africans to bag Olympic gold medals, a fete that would earn him fame and admiration.

Upon retirement from competitive running over thirty (30) years ago, Kip Keino decided to use his fame and status to help the less disadvantaged in the society by galvanizing support from the world over.

His first humanitarian project was setting up an orphanage that has since establishment supported more than five hundred (500) children from disadvantaged backgrounds through provision of shelter, food, clothing, healthcare and shelter.

With the help of donors, Kip Keino thereafter launched a programme to cater for the educational needs which saw the successful construction of Kipkeino Primary School that is built on land donated by his family to specifically provide elementary educational opportunities.

Through the foundation, Kip Keino with the help of donors and well wishers is currently building a high school to cater for the graduants from the elementary school alongside other disadvantaged children who cannot access high school education as a result of social injustices that range from poverty, discrimination and cultural practices. The high school has in its fifth year 270 students enrolled. The actual focus is the construction of the dining hall, finishing the second dormitory and the sports facilities.

# AFRICA WEEK ATHLETICS 2012

## ONERACEHUMANRACE

**Africa Week 2012** (May 21-27) will provide a high-profile platform for a unique Athletics Meet called 'oneracehumanrace' on the penultimate day (May 26th from 9am-6pm). Africa Week Athletics 2012-'oneracehumanrace' is an initiative of the Dublin Multicultural Resource Centre (DMRC) in partnership with Sport Against Racism in Ireland (SARI), Cradle, Integrated Academy for Athletics Performance of the Offally Sports Partnership and the Integration Centre.

Over 500 people are expected to gather at the Morton Stadium in Santry, Dublin to hear the gun start a full day of racing and jumping. Most of the athletes will be drawn from the African Diaspora, but in true intercultural style, the line-ups will be inclusively global and local. The organisers, that include a host of sports and community ngos hope to raise awareness among the public of the benefits of joining their local athletics clubs. Recent studies carried out in the context of the EU White Paper on Sport by Sport against Racism Ireland revealed that there was a very poor participation rate by migrants in the sport of Athletics. This despite the fact that Continents such as Africa has produced so many world-class sports practitioners. In this context it is worth noting that Kenya alone has over 400 athletes who qualify for the London Olympic Marathon. It is no coincidence that it is from the Horn of Africa that two of the Meet invited guests of honour hail. Former Olympic champion Kipchoge Keino ([www.kipkeinofoundation.co.ke](http://www.kipkeinofoundation.co.ke)) will fire the first starting gun while current World champion, Mo Farah ([www.mofarahfoundation.co.uk](http://www.mofarahfoundation.co.uk)) is on Olympic duty but sends this message;

*'My name is Muxammad Faarax. You probably know me as Mo Farah. I am the Somali-born, British international athlete and current 5,000 metres World Champion. Sorry I can't be there for your launch or the Meet as I am in preparation for the London Olympics. As a sportsman I can think of no better way to celebrate Africa Week and I am impressed by your efforts in encouraging the youth of the African Diaspora and other youth from migrant backgrounds to integrate into Irish society though membership of Athletics clubs. I am proud to support the legend Kip Keino and your exciting initiative and I look forward to a successful relationship with your organisation'.*

UNHCR and Sport Against Racism Ireland Present

# World Refugee Day Fair Play Football Cup

## 17TH JUNE 2012



There are over 10 MILLION refugees who have lost EVERYTHING

1 refugee without hope is too many

This World Refugee Day  
**DO 1 THING!**

Come to the Fair Play Cup,  
bring your friends and family,  
spread the word

Date: **Sunday 17th June 2012**

Time: **10.30am - 2.30pm**

Venue: **Law Society Gardens, Blackhall Place, Dublin 7**

For more information, please contact UNHCR Ireland at: [iredu@unhcr.org](mailto:iredu@unhcr.org) or call Yolanda Kennedy or Chloe Teevan on 01 6314614

For more information go to [www.unhcr.ie](http://www.unhcr.ie) or [www.sari.ie](http://www.sari.ie)



This event is kindly supported by Edon and Coca Cola

## SPORTS PROGRAMME AFRICA WEEK ATHLETICS 2012

| Event Number | Time       | Event  |
|--------------|------------|--|
| 1 and 2      | 9.45 a.m.  | Girls U/8 60 metres heat 1 plus heat 2 (both heats at same time on opposite side of track)   |
| 3 and 4      | 9.50 a.m.  | Boys U/8 60m heats 1 and 2 (simultaneous heats)  |
| 5 and 6      | 9.55 a.m.  | Girls U/10 100m heats 1 and 2 (simultaneous heats)   |
| 7 and 8      | 10.00 a.m. | Boys U/10 100m heats 1 and 2 (simultaneous races)  |
| 9 and 10     | 10.05 a.m. | Girls U/12 100m heats 1 and 2 (simultaneous heats)   |
| 11 and 12    | 10.10 a.m. | Boys U/12 100m heats 1 and 2 (simultaneous heats)  |
| 13 and 14    | 10.15 a.m. | Girls U/14 100m heats 1 and 2 (simultaneous heats)   |
| 15 and 16    | 10.20 a.m. | Boys U/14 heats 1 and 2 (simultaneous heats)   |
| 17           | 10.25 a.m. | Girls U/16 100m heat 1   |
| 18           | 10.30 a.m. | Girls U/16 100m heat 2   |
| 19           | 10.35 a.m. | Boys U/16 100m heat 1  |
| 20           | 10.40 a.m. | Boys U/16 100m heat 2  |
| 21           | 10.45 a.m. | Girls U/8 60m final  |
| 22           | 10.50 a.m. | Boys U/8 60m final   |
| 23           | 10.55 a.m. | Girls U/10 100m final  |
| 24           | 11.00 a.m. | Boys U/10 100m final   |
| 25           | 11.05 a.m. | Girls U/12 100m final  |
| 26           | 11.10 a.m. | Boys U/12 100m final   |
| 27           | 11.15 a.m. | Girls U/14 100m final  |
| 28           | 11.20 a.m. | Boys U/14 100m final   |
| 29           | 11.25 a.m. | Girls U/16 100m final  |
| 30           | 11.30 a.m. | Boys U/16 100m final   |
| 31           | 11.35 a.m. | Girls U/10 400m final  |
| 32           | 11.40 a.m. | Boys U/10 400m final   |
| 33           | 11.45 a.m. | Girls U/12 600m final  |
| 34           | 11.51 a.m. | Boys U/12 600m final   |
| 35           | 11.57 a.m. | Girls U/14 800m final  |
| 36           | 12.00 p.m. | Long Jump Competition girls and boys U/14  |
| 37           | 12.05 p.m. | Boys U/14 800m final   |
| 38           | 12.13 p.m. | Girls U/16 800m final  |
| 39           | 12.21 p.m. | Boys U/16 800m final   |
| 40           | 12.30 p.m. | Long Jump Competition boys and girls U/16  |
| 41           | 1.00 p.m.  | Football Match U/19 All of Africa 11 v All Island of Ireland 11  |
| 42           | 2.45 p.m.  | Junior Women 100m final  |
| 43           | 2.53 p.m.  | Junior Men 100m final  |
| 44           | 3.01 p.m.  | Senior Women 100m final  |
| 45           | 3.09 p.m.  | Senior Men 100m final  |
| 46           | 3.25 p.m.  | Masters Women 100m final   |
| 47           | 3.33 p.m.  | Masters Men 100m final   |
| 48           | 3.41 p.m.  | Senior Women 400m final  |
| 49           | 3.51 p.m.  | Senior Men 400m final  |
| 50           | 4.01 p.m.  | Senior Women 800m final (to include Junior women)  |
| 51           | 4.17 p.m.  | Junior Men 800m final  |
| 52           | 4.27 p.m.  | Senior Men 800m final  |
| 53           | 4.37 p.m.  | Senior Women 3000m final   |
| 54           | 4.57 p.m.  | Long Jump Competition – Senior Men and Women (to include Juniors)  |
| 55           | 4.57 pm    | Senior Men 3000m final   |
| 56           | 5.12 pm    | Mixed Distance Fun Relay (as follows: leg 1 400m, leg 2 600m, leg 3 200m, leg 4 400m – teams will comprise of 2 men and two women) |

# AFRICAN OLYMPIC GOLD MEDALISTS 1960-2008

## Algeria

|      |                     |                |           |                     |
|------|---------------------|----------------|-----------|---------------------|
| Gold | Hassiba Boulmerka   | 1992 Barcelona | Athletics | Women's 1500 metres |
| Gold | Noureddine Morceli  | 1996 Atlanta   | Athletics | Men's 1500 metres   |
| Gold | Nouria Mérah-Benida | 2000 Sydney    | Athletics | Women's 1500 metres |

## Ethiopia

|      |                    |                  |           |                      |
|------|--------------------|------------------|-----------|----------------------|
| Gold | Abebe Bikila       | 1960 Rome        | Athletics | Men's marathon       |
| Gold | Abebe Bikila       | 1964 Tokyo       | Athletics | Men's marathon       |
| Gold | Mamo Wolde         | 1968 Mexico City | Athletics | Men's marathon       |
| Gold | Miruts Yifter      | 1980 Moscow      | Athletics | Men's 5000 metres    |
| Gold | Miruts Yifter      | 1980 Moscow      | Athletics | Men's 10000 metres   |
| Gold | Derartu Tulu       | 1992 Barcelona   | Athletics | Women's 10000 metres |
| Gold | Haile Gebrselassie | 1996 Atlanta     | Athletics | Men's 10000 metres   |
| Gold | Fatuma Roba        | 1996 Atlanta     | Athletics | Women's marathon     |
| Gold | Million Wolde      | 2000 Sydney      | Athletics | Men's 5000 metres    |
| Gold | Haile Gebrselassie | 2000 Sydney      | Athletics | Men's 10000 metres   |
| Gold | Derartu Tulu       | 2000 Sydney      | Athletics | Women's 10000 metres |
| Gold | Gezahagne Abera    | 2000 Sydney      | Athletics | Men's marathon       |
| Gold | Kenenisa Bekele    | 2004 Athens      | Athletics | Men's 10000 metres   |
| Gold | Meseret Defar      | 2004 Athens      | Athletics | Women's 5000 metres  |
| Gold | Tirunesh Dibaba    | 2008 Beijing     | Athletics | Women's 10000 metres |
| Gold | Tirunesh Dibaba    | 2008 Beijing     | Athletics | Women's 5000 metres  |
| Gold | Kenenisa Bekele    | 2008 Beijing     | Athletics | Men's 10000 metres   |
| Gold | Kenenisa Bekele    | 2008 Beijing     | Athletics | Men's 5000 metres    |

## Kenya

|      |                      |                  |           |                           |
|------|----------------------|------------------|-----------|---------------------------|
| Gold | Naftali Temu         | 1968 Mexico City | Athletics | Men's 10000 m             |
| Gold | Kipchoge Keino       | 1968 Mexico City | Athletics | Men's 1500 m              |
| Gold | Amos Biwott          | 1968 Mexico City | Athletics | Men's 3000 m steeplechase |
| Gold | Kipchoge Keino       | 1972 Munich      | Athletics | Men's 3000 m steeplechase |
| Gold | Charles Asati        | 1972 Munich      | Athletics | Men's 4×400 m relay       |
|      | Munyoro Nyamau       |                  |           |                           |
|      | Robert Ouko          |                  |           |                           |
|      | Julius Sang          |                  |           |                           |
| Gold | Julius Korir         | 1984 Los Angeles | Athletics | Men's 3000 m steeplechase |
| Gold | John Ngugi           | 1988 Seoul       | Athletics | Men's 5000 m              |
| Gold | Paul Ereng           | 1988 Seoul       | Athletics | Men's 800 m               |
| Gold | Matthew Birir        | 1992 Barcelona   | Athletics | Men's 3000 m steeplechase |
| Gold | William Tanui        | 1992 Barcelona   | Athletics | Men's 800 m               |
| Gold | Joseph Keter         | 1996 Atlanta     | Athletics | Men's 3000 m steeplechase |
| Gold | Noah Ngeny           | 2000 Sydney      | Athletics | Men's 1500 m              |
| Gold | Reuben Kosgei        | 2000 Sydney      | Athletics | Men's 3000 m steeplechase |
| Gold | Ezekiel Kemboi       | 2004 Athens      | Athletics | Men's 3000 m steeplechase |
| Gold | Asbel Kipruto Kiprop | 2008 Beijing     | Athletics | Men's 1500 m              |

|      |                       |              |           |                           |
|------|-----------------------|--------------|-----------|---------------------------|
| Gold | Brimin Kiprop Kipruto | 2008 Beijing | Athletics | Men's 3000 m steeplechase |
| Gold | Wilfred Bungei        | 2008 Beijing | Athletics | Men's 800 m               |
| Gold | Samuel Wanjiru        | 2008 Beijing | Athletics | Men's Marathon            |
| Gold | Pamela Jelimo         | 2008 Beijing | Athletics | Women's 800 m             |
| Gold | Nancy Lagat           | 2008 Beijing | Athletics | Women's 1500 m            |

## Morocco

|      |                     |                  |           |                           |
|------|---------------------|------------------|-----------|---------------------------|
| Gold | Nawal El Moutawakel | 1984 Los Angeles | Athletics | Women's 400 metre hurdles |
| Gold | Saïd Aouita         | 1984 Los Angeles | Athletics | Men's 5000 metres         |
| Gold | Brahim Boutayeb     | 1988 Seoul       | Athletics | Men's 10000 metres        |
| Gold | Khalid Skah         | 1992 Barcelona   | Athletics | Men's 10000 metres        |
| Gold | Hicham El Guerrouj  | 2004 Athens      | Athletics | Men's 1500 metres         |
| Gold | Hicham El Guerrouj  | 2004 Athens      | Athletics | Men's 5000 metres         |

## Mozambique

|      |                        |             |           |                    |
|------|------------------------|-------------|-----------|--------------------|
| Gold | Maria de Lurdes Mutola | 2000 Sydney | Athletics | Women's 800 metres |
|------|------------------------|-------------|-----------|--------------------|

## Nigeria

|      |               |              |           |                   |
|------|---------------|--------------|-----------|-------------------|
| Gold | Chioma Ajunwa | 1996 Atlanta | Athletics | Women's long jump |
|------|---------------|--------------|-----------|-------------------|

## South Africa

|      |                |              |           |                |
|------|----------------|--------------|-----------|----------------|
| Gold | Josia Thugwane | 1996 Atlanta | Athletics | Men's marathon |
|------|----------------|--------------|-----------|----------------|

## Tunisia

|      |                   |             |           |                   |
|------|-------------------|-------------|-----------|-------------------|
| Gold | Mohammed Gammoudi | 1968 Mexico | Athletics | Men's 5000 metres |
|------|-------------------|-------------|-----------|-------------------|

## Uganda

|      |               |             |           |                         |
|------|---------------|-------------|-----------|-------------------------|
| Gold | John Akii-Bua | 1972 Munich | Athletics | Men's 400 metre hurdles |
|------|---------------|-------------|-----------|-------------------------|

## Best wishes to all the participants at the Africa Athletics Day 2012

It matters not whether you win or lose,  
but how you play the game

勝つことではなく参加することこそ意義がある

Asiye kubali kushindwa si mshindani

За успех нашего надежного дела!

Mashi sah fi Rabah wella khasser,  
sah kifash tel3ab

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The Africa Week Athletics Committee  
would like to wish  
**TEAM IRELAND**  
all best in the London 2012 Olympic Games



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1

Visit our office at 1 Cathedral Street, Dublin 1

2

Email us at [migrantproject@crosscare.ie](mailto:migrantproject@crosscare.ie)

3

Call us on (01) 8732844



This project is co-financed by the European Commission under the European Integration Fund and is supported by the Office for the Promotion of Migrant Integration in the Department of Justice and Equality and Pobal



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# Madina



The Committee of Africa Week Athletics 2012 would like to thank all our supporters.



Akidwa, Athletics Ireland, African Students Association of Ireland, Clonliffe Harriers, Communicorp, Immigrant Council of Ireland, Insaka Ireland, Kip Keino Foundation, Metro Éireann, Mo Farah Foundation, Sport Aid From Africa, Galway Mayo Institute of Technology, Dublin City Corporation, .

We would also like to thank all the staff of Morton Stadium for hosting this event.

## AFRICA WEEK ATHLETICS 2012

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Visit the main supporters at ;  
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